

# LOCAL AREA COORDINATION ON THE ISLE OF WIGHT

Based in the local community, your local area coordinator works alongside individuals and families (of all ages) with disabilities, mental health needs, older people and carers, to help create a vision for the future and build a good life.

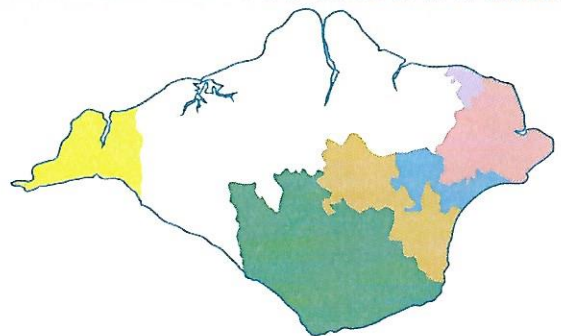
Your local area coordinator will:

- take time to get to know people and build trusting relationships;
- help access relevant information, advice and support at the right time;
- enable people and their families to build and fulfil their vision of a good life;
- help to identify and develop strengths, skills, talents and abilities;
- assist in building, developing and using personal and local networks;
- help people stay strong and be heard so they stay in control of services and resources;
- empower people to become more connected, resilient and more actively involved in a welcoming, inclusive and supportive community.

**Your Local Area Coordinator's support is free; there are no assessments, referral process, and no time limits – just meet up for a cuppa and a chat**

For more information, please contact Heather Rowell, Local Area Coordination Programme Manager on 01983 821000 ext 6976 or email: [heather.rowell@iow.gov.uk](mailto:heather.rowell@iow.gov.uk)

## ISLE OF WIGHT LOCAL AREA COORDINATORS



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My life  
a full life